




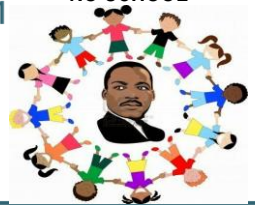





JANUARY | 2019

VALLEY VIEW PRIMARY/INTERMEDIATE LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 MEAL REQUIREMENT Selection of at least 3 of the 5 components offered. One of the selections MUST Be a fruit or veggie.	1 	2 NO SCHOOL 	3 NO SCHOOL 	4 NO SCHOOL 
7 SWEET & SOUR POPCORN CHICKEN BROWN RICE STEAMED CARROTS SLICED APPLES LOW FAT MILK	8 CHEESE FILLED BREADSTICKS w/SAUCE STEAMED BROCCOLI DICED PEARS LOW FAT MILK	9 CHILI CHEESE CONEY TATER TOTS DICED STRAWBERRIES LOW FAT MILK	10 SOFT TACO LETTUCE & TOMATO STEAMED CORN REFRIED BEANS LOW FAT MILK	11 PEPPERONI PIZZA SLICE GARDEN SALAD FRESH BROCCOLI w/DIP APPLE LOW FAT MILK 
14 CHICKEN TENDERS DIPPING SAUCE SWEET POTATO FRIES BAKED BEANS APPLESAUCE LOW FAT MILK	15 CORN DOG MAC & CHEESE STEAMED CARROTS BLUEBERRIES LOW FAT MILK	16 SPAGHETTI w/MEAT SAUCE GREEN BEANS GARLIC BREAD DICED STRAWBERRIES LOW FAT MILK	17 <u>BRUNCH FOR LUNCH</u> PANCAKES SAUSAGE LINK HASHBROWN POTATO 100% JUICE CUP LOW FAT MILK	18 TONY'S CHEESE PIZZA GARDEN SALAD FRESH BROCCOLI w/DIP APPLE LOW FAT MILK
21 NO SCHOOL 	22 HAMBURGER SEASONED FRIES BAKED BEANS DICED PEACHES LOW FAT MILK	23  SOFT PRETZEL w/CHEESE YOGURT CUP STEAMED CARROTS FRUIT SLUSHIE CUP LOW FAT MILK	24 BEFFY NACHOS LETTUCE & TOMATO STEAMED CORN DICED PEARS LOW FAT MILK	25 FRESH BAKED PIZZA GARDEN SALAD FRESH BROCCOLI w/DIP APPLE LOW FAT MILK
28 CHICKEN NUGGETS MASHED POTATOES WHOLE GRAIN ROLL APPLESAUCE LOW FAT MILK	29 CHEESE RAVIOLI GARLIC BREADSTICK GREEN BEANS DICED PEARS LOW FAT MILK	30 FOOTLONG HOT DOG SWEET POTATO PUFFS DICED STRAWBERRIES LOW FAT MILK	31 WALKING TACO REFRIED BEANS STEAMED CORN DICED PEACHES LOW FAT MILK	1 <u>Kitchen Manager</u> MELISSA MCINTOSH 855-4203 melissa.mcintosh@valleyview.k12.oh.us

**AVAILABLE DAILY
ALTERNATE ENTRÉE
CHOICE**
HAMBURGER
HOT DOG
CHICKEN PATTY SANDWICH
CHEESE FILLED
BREADSTICKS w/SAUCE
PB&J UNCRUSTABLE
SALAD w/BREADSTICK

PRICES
 BREAKFAST \$1.75
 REDUCED \$.30
 LUNCH \$2.40
 REDUCED \$.40

BREAKFAST MENU
 MON egg & cheese bagel
 TUES pancakes
 WED yogurt,cheese stick & graham crackers
 THURS breakfast pizza
 FRI cereal
 all served with 100% juice/fruit cup & low fat milk

