



# JANUARY | 2019

## VALLEY VIEW JUNIOR HIGH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31		2	3	4
7 Chicken Fingers Mashed Potatoes Corn Choice of Fruit Milk  Potato Bowl	8 Hamburger Fresh Veggie Toppings Steamed Broccoli Choice of Fruit Milk  Ravioli	9 Grilled Cheese Tomato Soup Celery w/ Dip Choice of Fruit Milk  Meatball Sub	10 Taco Fresh Veggies Refried Beans Choice of Fruit Milk  Enchiladas	1 
14 Chicken Nuggets Mashed Potatoes Corn Choice of Fruit Milk  Popcorn Chicken	15 Chicken Patty Broccoli w/ cheese Choice of Fruit Milk  Pizza Pasta	11 	17 Chicken Fajita Black Beans and Rice Choice of Fruit Milk  Walking Taco	18 Fish Sandwich Fresh Veggies w/ Dip Choice of Fruit Milk  PIZZA
	22 Deli Turkey Scalloped Potatoes Steamed Carrots Choice of Fruit Milk  Pulled Pork Sandwich	23 Hot Ham and Cheese Steamed Broccoli Choice of Fruit Milk  General Tso's Chicken w/ Rice	24 Soft Taco Lettuce Cheese Tomato Beans Choice of Fruit Milk  Spartan Nachos	25 Hamburger or Fish Sandwich Steamed Green Beans Choice of Fruit Milk  PIZZA
28 Chicken Fingers Mashed Potatoes Corn Choice of Fruit Milk  Potato Bowl	29 Hot Dog Mac N Cheese Carrot Sticks Choice of Fruit Milk  Spicy Chicken	30 Sloppy Joe French Fries Steamed Broccoli Choice of Fruit Milk  Johnny Marzetti	31 Chicken Fajita Lettuce Cheese Tomato Black Beans and Rice Choice of Fruit Milk  Chicken Quesadilla	1

### News

Breakfast \$1.75  
Reduced .30

Lunch \$2.65/\$3.15  
Reduced .40

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