



# DECEMBER | 2018

## VALLEY VIEW PRIMARY/INTERMEDIATE LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL REQUIREMENT

Selection of at least 3 of the 5 components offered. One of selections MUST be a fruit or veggie.



3

CHICKEN NUGGETS  
MASHED POTATOES  
WHOLE GRAIN ROLL  
APPLESAUCE  
LOW FAT MILK

4 NATIONAL COOKIE DAY

TOASTED CHEESE SANDWICH  
TOMATO SOUP  
CARROT/CELERY STICKS  
DICED PEARS  
COOKIE  
LOW FAT MILK

5

HAMBURGER ON BUN  
SEASONED FRIES  
BAKED BEANS  
LETTUCE, TOMATO, PICKLE  
DICED STRAWBERRIES  
LOW FAT MILK

6

BRUNCH FOR LUNCH  
PANCAKES  
SAUSAGE LINK  
HASHBROWN POTATO  
100% JUICE CUP  
LOW FAT MILK

7

PERSONAL CHEESE PIZZA  
GARDEN SALAD  
FRESH BROCCOLI w/DIP  
APPLE  
LOW FAT MILK

10

FAJITA CHICKEN WRAP  
LETTUCE & TOMATO  
BROWN RICE  
STEAMED CARROTS  
FRUIT CHOICE  
LOW FAT MILK

11

BBQ PULLED PORK  
COLE SLAW  
BAKED BEANS  
DICED PEACHES  
LOW FAT MILK

12

SOFT PRETZEL w/CHEESE  
YOGURT CUP  
GREEN BEANS  
FRUIT SLUSHIE CUP  
LOW FAT MILK

13

WALKING TACO  
LETTUCE & TOMATO  
STEAMED CORN  
DICED PEACHES  
LOW FAT MILK

14

PEPPERONI PIZZA SLICE  
GARDEN SALAD  
FRESH BROCCOLI w/DIP  
APPLE  
LOW FAT MILK

17

OVEN BAKED  
CHICKEN DRUMSTICK  
STEAMED BROCCOLI  
PASTA SALAD  
APPLESAUCE  
LOW FAT MILK

18

CORN DOG  
MAC & CHEESE  
STEAMED CARROTS  
DICED PEACHES  
LOW FAT MILK

19

CHEESE RAVIOLI  
GREEN BEANS  
BREAD STICK  
DICED STRAWBERRIES  
LOW FAT MILK

20

BRUNCH FOR LUNCH  
PANCAKES  
SAUSAGE LINK  
HASHBROWN POTATO  
100% JUICE CUP  
LOW FAT MILK

21

STUFFED CRUST PIZZA  
GARDEN SALAD  
FRESH BROCCOLI w/DIP  
APPLE  
LOW FAT MILK

24

25

26

27

28

**HAPPY HOLIDAYS**  
**SEE YA BACK JANUARY 7<sup>TH</sup>**

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KITCHEN MANAGER

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THIS INSTITUTE  
IS AN EQUAL  
OPPORTUNITY  
PROVIDER

AVAILABLE DAILY

**ALTERNATE ENTRÉE CHOICE**

**HAMBURGER**

**HOT DOG**

**CHICKEN PATTY SANDWICH**

**CHEESE FILLED**

**BREADSTICKS w/SAUCE**

**PB&J UNCRUSTABLE**

PRICES

**BREAKFAST \$1.75**

**REDUCED \$.30**

**LUNCH \$2.40**

**REDUCED \$.40**

BREAKFAST MENU

**MON ENGLISH MUFFIN w/egg**

**TUES MINI WAFFLES w/sausage**

**WED YOGURT, CHEESE STICK & GRAHAM CRACKERS**

**THURS BREAKFAST PIZZA**

**FRI CEREAL W/GRAHAM CRACKERS**

