



## LET'S DO LUNCH at VALLEY VIEW!

The Child Nutrition Lunch Program offers food-based menu planning for grades K-5, 6-8, and 9-12 age groups. Portion sizes and recipes are designed to meet each specific group.

Food Service Managers are Michelle Gephart, VVHS at 937-855-4116, ext. 214; Gloria Isenbletter, VVJHS at 937-696-2591; and Melissa McIntosh, VVIS & PS at 937-855-4203 ext. 230.

Read more about our Cafeterias below.

### **Breakfast**

Breakfast is offered daily to all Valley View Local School Students. Students who qualify for free may receive a free breakfast and cost for reduced students is .30 cents. For those paying, the cost for breakfast is \$1.75

### **LUNCH PRICES**

Primary \$2.40 Intermediate \$2.40 Jr. High \$2.65 & \$3.15 High School \$2.65 & \$3.15  
Extra Milk - all buildings - .55 cents



### **EZ Pay**

EZ Pay offers convenience, information and communication for your student's lunch needs. You can add money to a student's account using your credit or debit card. You can also view your child's balance and account history including items purchased. Visit our website at, [valleyviewk12.oh.us](http://valleyviewk12.oh.us). Click on the EZ PAY logo located in the Quick Links column on the left side of the page. This will take you to the link where you can sign up for usage of the EZ Pay program. Students may add cash or apply a check to their account with any of the building cashiers as well.

### **National School Lunch**

....offers the following menu planning for 3 age groups, K-5; 6-8; and 9-12.

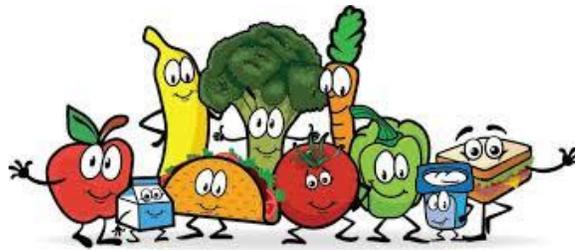
There will be food-based calorie menus and recipes designed to meet each specific age group.

Over half of the grains served must be whole grain rich. (Fat at least 51% whole grain.)

K-8 students may choose two 1/2 c. servings of vegetables and one 1/2 c. serving of fruit each

day. Students in grades 9-12 may choose two 1/2 c. servings of vegetables and two 1/2 c. servings of fruit each day. Students must select at least 1/2 c. of fruit or vegetable for their tray in order for it to count as a reimbursable meal. Tran's fats are monitored, as well as continued limits on saturated fat. All milk is fat free.

All children ages 1 through 18 are eligible to receive free meals during summer months at participating program sites. Individuals ages 19-21 who have been identified as having mental or physical disabilities and are following Individualized Education Programs through their current enrollment in educational programs are eligible as well. An updated map of locations will be coming soon to [www.fns.usda.gov/summerfoodsrock](http://www.fns.usda.gov/summerfoodsrock). If you have any questions please contact Michelle Gephart [937\) 855-4116 ext 214](tel:937-855-4116).



### **FAQs**

- \* **How do I open a Meal Account?** Students are assigned an ID number which they type into the keyboard in the lunch line.
- \* **How much do meals cost?** See lunch prices above.
- \* **How do I pay?** You may send in cash or a check. You can add money through EZPay. Allow 24 hours for the transaction to process.
- \* **We are leaving the school district. How do I get a refund?** Call the treasurer's office at 855-6581.
- \* **How do I apply for Free or Reduced Meals?** Students will be given an application on the first day of school, or applications are available in each school office.
- \* **If my student received free and reduced last year, do I need to reapply?** Yes, a new application must be completed each year.
- \* **My student is going on a field trip, can he/she get a sack lunch?** Yes, sack lunches are available to all students going on field trips. Students may use their lunch account (free-reduced price or full price) or send cash for the sack lunch. A sack lunch contains a sandwich, fruits, vegetables, and a juice.